

HALO® SleepSack Swaddle

the original wearable blanket with adjustable swaddle wrap



Swaddle Your Baby in 3 Easy Steps:



STEP 1
Dress baby in regular sleepwear and close zipper.



STEP 2
Fold left swaddle wing over baby's right arm and torso, tucking under baby's left arm.



STEP 3
Swaddle wrap should be snug, below chin, and aligned with baby's shoulders.

Adjust to Baby's Sleep Style with the HALO® SleepSack® Swaddle



ARMS IN
to reduce startle reflex.



HANDS TO FACE
for self-soothing.



1 or 2 ARMS OUT
for an easy transition from swaddling.